



The Whole Armor of God

Study Guide

Study Guide Goals:

- To understand the significance of the armor or weapons we have available to use in our daily life.
- To take responsibility for the use of these weapons.

To Think About:

According to **Ephesians 6:10-18**, whom do we "wrestle against"?

Do we have anything to use in our defense?

Why do we need this armor?

Where does this armor come from? List the six pieces of armor.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

If we use this armor, name three blessings which will be received.

1. _____
2. _____
3. _____

How do we "put on" this armor of God?

What are Satan's three objectives in this wrestling match?

1. _____
2. _____
3. _____

Which piece of armor may well be the most important?

What does knowing truth do for a believer?

What must the believer use for a "plumb line" to establish truth?



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What six truths are established for the believer in the first three chapters of Ephesians?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Describe the believer who has put on the belt of truth.

How do we put on the breastplate of righteousness?

How do we exhibit "identification with God"?

How do we remove sin in our lives?

What is a "forgiveness affidavit"?

What is the purpose of a forgiveness affidavit?

If we harbor sin in our lives and choose not to forgive others or ourselves what do we lose?

What article of armor does the Apostle Paul use to teach us about the gospel of peace?

How do we strap on spiritual shoes and put on the preparation of the gospel of peace?

Why do we need our feet shod with the gospel of peace?

How do we receive the gospel of peace?

What does **Ephesians 6:16-17** say will quench all the fiery darts of the wicked? How do we "take up" the shield of faith?



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What does a person need to do with the shield of faith to make it effective against Satan's fiery darts?

List some of those fiery darts recorded in **I Corinthians 10:13-14**; **II Corinthians 10:4-6**; **James 1:13-15**; **Romans 6:12**; **I John 2:15-17**.

How does **James 4:7** suggest we put on the shield of faith?

The next piece of armor is the helmet. What does the helmet assure to the enemy?

What does the helmet symbolize?

What three aspects of salvation does the helmet demonstrate?

1. _____
2. _____
3. _____

What happens at the time of justification?

When does sanctification take place?

What is sanctification?

When does glorification happen?

How do we "take on" the helmet of salvation?

What is the sword of the Spirit?

How does **Ephesians 6:17** use the Greek word "rhema"?

How can we "take on" the sword of the spirit as a piece of armor?

List again all the pieces of armor, which God has given us for our battle against Satan.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____



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Again, how do we "put on" this armor of God?

Can this armor be "put on" as a quick, magical exercise, or will it take a longer, more disciplined period of time?

What will be the results and benefits of spending a longer period of time in God's Word?

Personal Responsibility:

Honestly examine yourself whether you are effectively using each and every piece of armor regularly.

Application:

- Write a letter of commitment to spend time in God's Word. Then devise a plan to implement this commitment. Make yourself accountable to someone.
- Write a prayer of thanks to God for each piece of armor and explain how you will use it for His glory as well as your protection.