



<b>Job Title:</b> Health Coach Volunteer	<b>Duration:</b> 6 -12 months
<b>Organization:</b> Alameda County Health Coach Program <b>Location:</b> 1000 San Leandro Blvd., Suite 200, San Leandro, CA 94577	
<b>Health Coach Director:</b> Michael Pham <a href="mailto:Michael.Pham@acgov.org">Michael.Pham@acgov.org</a> (510) 618-2043	
<b>Position Type:</b> Volunteer (4 hrs/week) <b>Compensation:</b> \$100 monthly travel stipend	<b>Deadline to Apply:</b> 2/15/2019 <b>Projected start date:</b> March 2019
<b>To Apply:</b> <a href="https://healthpipeline.wufoo.com/forms/volunteeralameda-county-health-coach-program-2019/">https://healthpipeline.wufoo.com/forms/volunteeralameda-county-health-coach-program-2019/</a>	

**Background**

The goal of the Health Coach Program is to improve the health of community members by pairing them with culturally sensitive health coaches trained in chronic disease management. Health coaching is an innovative method to improve health outcomes by motivating patients to manage their health. Health coaches assist patients in understanding their health plan, making medical appointments, and advocating for themselves. This program aims to reduce emergency room visits by improving self-care management of type 2 diabetes and hypertension, while fostering the growth of diverse health care professionals.

**Position Overview**

The volunteer position is based in Oakland, CA and will work under the direction of the Health Coach Trainer. The volunteer is expected to commit to weekly 4-hour shifts at Highland's Emergency Department for 6 to 12 months. This is a wonderful opportunity for a person interested in supporting efforts aimed at improving the health outcomes of their community and looking to gain experience in residential outreach, recruitment and health-related work. The successful candidate will have an interest in and enthusiasm for addressing the health disparities of underserved communities.

**Key Areas of Responsibilities**

1. Provide health education via motivational interviewing to patients in the emergency department.
2. Identify patients in the hospital with medical social workers and health providers who are ideal for the intervention.
3. Enroll eligible patients into the health coach program and/or research study.

**Consults with**

- Health Coach Director
- Health Coach Trainer

**Minimum Qualifications**

- Must be 18 years-old or older
- High school diploma or GED
- Speaking Spanish is highly recommended (but not required)
- Excellent relationship building skills
- Excellent verbal and written communication skills
- Ability to work with a diverse group of individuals (including age, gender, race/ethnicity, etc)
- Ability to take direction and work independently on assigned projects